



## COVID-19 PROCEDURES & OPERATIONS

# 2021 JULY 01 UPDATE

*This update is assuming everything moves forward with the BC Government's 'reopening' plan and timeline. This takes effect July 1st 2021.*

### → **'Masks are recommended in public indoor settings'**

We will continue to expect you to have a mask on / with you at all times & encourage you to wear it as much as you are comfortable with.

### → **Coaches will continue to wear masks as much as possible**

They may remove it when distanced from athletes & giving class instruction

### → **Group Classes return**

Make sure to arrive 5 minutes PRIOR to class start time, you should be READY TO WORKOUT at class start time, not just arriving / coming in!

### → **Use the lockers**

Please bring your belongings in and place them in a locker / on a hook! Do not bring your belongings onto the workout floor with you (this includes 🐶 )

### → **No more 'boxes'**

Classes will operate with a limited capacity for the month of July while athletes get comfortable sharing spaces / equipment with other athletes.

### → **Specialty Classes & Additional updates planned for August 1st.**

Stay tuned for additional updates (including the return of specialty classes)

Questions or concerns? [info@raincityathletics.ca](mailto:info@raincityathletics.ca)

This is simply a reminder - for a full list of updates see: [raincity.ca/news](https://raincity.ca/news)